At Devoted Health, we actively engage our members to support adherence to diabetes, blood pressure, and cholesterol medications. By working closely with providers like you on this effort, we can enhance quality of care and health outcomes for our members. Here are some tips to help you improve Stars medication adherence measures.*

**Medication Adherence**

These 3 measures apply to patients taking any of the following medications:

- Antidiabetic medications, except insulin
- RAS (renin-angiotensin system) antagonists, except sacubitril/valsartan
- Statins

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*Measures developed by Pharmacy Quality Alliance*
To make it easier to support adherence rates, we’ll send you reports that show members with upcoming fills and those with worsening adherence. You can use the reports to help you choose the appropriate interventions below.

**Reach out about adherence**
- Make sure patients have established care with you or a specialist
- Educate patients about their medication and side effects
- Talk to patients who miss fills to understand how you can help
- Remind patients about upcoming fills
- Ask patients if they need new prescriptions for any chronic conditions
- Talk to patients who regularly forget medication doses to see if there are better alternatives (like extended-release medications)
- Check in with patients who may be using old or expired medications***
- Call the patient’s pharmacy to deactivate prescriptions for permanently discontinued medications (this prevents accidental refills)

**Recommend the right services**
- Talk to patients about automatic renewals and refills
- Help patients sign up for refill texts or online alerts from their pharmacy
- Help patients change from a retail pharmacy to mail-order
- Facilitate the switch from 30-day to 100-day prescriptions
- Suggest a pharmacy with adherence support, like MedMinder or PillPack
- Synchronize medications

**Send members to us for these needs**
- Rides to the pharmacy
- Extra Help or other financial assistance
- A comprehensive medication review with a clinical pharmacist
- Medication before leaving on an extended trip

**Keep patient costs down**
- Prescribe the lowest tier medication that will treat the patient’s condition (search our formulary at devoted.com/search-drugs)
- Discuss lower cost alternatives
- Help patients get reimbursed when they pay out-of-pocket for medications***

***Only Part D pharmacy claims close these measures
### Antidiabetic medication

**Biguanides**
- metformin ✓
- metformin ER ✓ (Glucophage XR only)

**DPP-IV inhibitors**
- alogliptin
- JANUVIA $
- TRADJENTA $
- alogliptin/metformin
- JANUMET $
- JANUMET XR $
- JENTADUETO $
- JENTADUETO XR $

**DPP-IV inhibitor/ SGLT2 inhibitor combination**
- Trijardy $
- Glyxambi $

**Incretin mimetics**
- BYDUREON BCISE $
- BYDUREON PEN $
- BYETTA $
- OZEMPIC $
- TRULICITY $
- VICTOZA $
- RYBELSUS $

**Meglitinides**
- nateglinide ✓
- repaglinide ✓

**SGLT2 inhibitors**
- FARXIGA $
- JARDIANCE $
- SYNJARDY $
- SYNJARDY XR $
- XIGDUO XR $

**Sulfonylureas**
- glimepiride ✓
- glipizide ✓
- glipizide XL ✓
- glipizide/metformin ✓

**Thiazolidinediones**
- pioglitazone ✓

### RAS antagonists

**ACE (angiotensin-converting enzyme) inhibitors**
- benazepril ✓
- captopril $
- enalapril ✓
- fosinopril
- lisinopril ✓
- moexipril
- perindopril
- quinapril ✓
- ramipril ✓
- trandolapril ✓
- amlodipine/benazepril
- benazepril/HCTZ $
- captopril/HCTZ $
- enalapril/HCTZ ✓
- fosinopril/HCTZ $
- lisinopril/HCTZ ✓
- quinapril/HCTZ $

**ARBs (angiotensin II receptor blockers)**
- irbesartan ✓
- losartan ✓
- olmesartan $
- telmisartan $
- valsartan ✓
- amlodipine/olmesartan $
- amlodipine/valsartan
- amlodipine/valsartan/HCTZ $
- irbesartan/HCTZ ✓
- losartan/HCTZ ✓
- olmesartan/amlodipine/HCTZ $
- olmesartan/HCTZ $
- valsartan/HCTZ

### Statins

**HMG-CoA reductase inhibitors**
- atorvastatin ✓
- lovastatin ✓
- pravastatin ✓
- rosvastatin
- simvastatin ✓

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- atorvastatin ✓
- lovastatin ✓
- pravastatin ✓
- rosvastatin
- simvastatin ✓

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**Legends**
- ✓ Tier 1 medication
- $ Tier 3-4 medication

Cost may increase substantially once patient reaches coverage gap.

**Florida D-SNP plans have separate covered medications. See page 5.**
## 2021 Covered Medications

### Antidiabetic medication

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### DPP-IV inhibitor/ SGLT2 inhibitor combination

- Trijardy $
- Glyxambi $

### Incretin mimetics

- BYDUREON BCISE $
- BYDUREON PEN $
- BYETTA $
- OZEMPIC $
- TRULICITY $
- VICTOZA $
- RYBELSUS $

### Meglitinides

- nateglinide ✓
- repaglinide ✓

### SGLT2 inhibitors

- FARXIGA $
- JARDIANCE $
- SYNJARDY $
- SYNJARDY XR $
- XIGDUO XR $

### Sulfonylureas

- glimepiride ✓
- glipizide ✓
- glipizide XL ✓
- glipizide/metformin ✓

### Thiazolidinediones

- pioglitazone ✓

### RAS antagonists

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### Direct renin inhibitors

- aliskiren

### Statins

- HMG-CoA reductase inhibitors
  - atorvastatin ✓
  - lovastatin ✓
  - pravastatin ✓
  - rosvastatin ✓
  - simvastatin ✓

### LEGEND

- ✓ Tier 1 medication
- $ Tier 3-4 medication
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# 2021 Covered Medications

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### Legend

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- $ Tier 3-4 medication
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5
Improving Statin Medication Adherence

Deciding on statin intensity in diabetic patients

Recommend a high-intensity statin if:
- Clinical atherosclerotic cardiovascular disease (ASCVD) present
- LDL \( \geq 190 \)
- 10-year ASCVD risk \( \geq 20\% \)
- Multiple risk factors

Recommend a moderate intensity statin if:
- Patient is 40-75 years old without ASCVD or other risk factors

Clarify statin benefits

- Taking a statin for about 5 years prevents one cardiovascular (CV) event in every 20 patients with CV disease and one in every 50 patients without CV disease. The higher the risk, the greater the potential benefit (even if cholesterol is not elevated).
- Emphasize that statins will lower cholesterol, but the biggest benefit comes from preventing strokes and heart attacks.

Managing statin muscle symptoms

- Consider switching lipophilic statins (atorvastatin, simvastatin) to more hydrophilic statins (rosuvastatin, pravastatin).
- Consider reducing the dose or the frequency of the statin (i.e. alternate day dosing). Keep in mind, this could negatively impact the statin medication adherence Star measure if an updated prescription is not written or picked up from the pharmacy.

Keeping patient costs low

- **Tier 1**: atorvastatin, simvastatin, pravastatin, lovastatin
- Rosuvastatin is a tier 2 medication for several health plans. Depending on the patient’s health plan, tier 2 medications may have a copay. A tier exception may be an option to lower the member’s cost.
- **NOT COVERED**: EZALLOR, LIVALO, ZYPITAMAG, and fluvastatin. If the patient requires one of these therapies, you can request a formulary exception.

Helping patients remember to take their statin

- Simvastatin and lovastatin require administration at night. To enhance medication adherence, start or switch to a longer acting statin (e.g. atorvastatin, rosuvastatin, pravastatin) that may be taken at any time of day.
- Suggest a pharmacy with adherence support, such as MedMinder, PillPack, or ExactCare.
- Discuss incorporating medications into daily routine.

Put statin risks in perspective

- Serious side effects occur in 1 out of 10,000 people.
- CV benefit of statins outweigh the small increased risks of side effects including non-serious and reversible cognitive effects and increased blood glucose/A1C.
Improving Statin Use in Patients with Diabetes

**GOAL** Make sure patients who received at least 2 diabetes medication fills also received a statin medication fill during the measurement period. **Note:** This measure may seem to overlap with the Statin Therapy for Cardiovascular Disease measure, but the two are distinct. Here’s what you need to know.

### STATIN USE IN PATIENTS WITH DIABETES (SUPD)
- Part D measure
- Patients aged 40 to 75 years
- Low, moderate, or high-intensity statin may be prescribed

### STATIN THERAPY FOR CARDIOVASCULAR DISEASE (SPC)
- Part C measure
- Males, aged 21 to 75, and females, aged 40 to 75 years
- Moderate or high-intensity statin therapy must be prescribed

### (SUPD) EXCLUSIONS
- Hospice enrollment
- ESRD diagnosis or coverage dates
- Rhabdomyolysis or myopathy
- Pregnancy, lactation, or fertility
- Liver disease
- Pre-diabetes
- Polycystic ovary syndrome (PCOS)

### (SPC) EXCLUSIONS
- ESRD
- Myalgia, myositis, myopathy, or rhabdomyolysis
- Pregnancy and fertility
- Cirrhosis
- Age 66+ enrolled in I-SNP or long term institution
- Age 66+ with frailty and advanced illness

**Need help? Email us.**
pharmacy@devoted.com

Whether you have general questions or want to work with our pharmacy team to improve your medication management programs, we’re here for you.